

## MINNESOTA RESOURCES

**Alzheimer's Association - MN-ND Chapter**  
(800) 272-3900 (24/7) [alz.org/mnnd](http://alz.org/mnnd)

**Minnesota Commission Serving Deaf and Hard of Hearing People**  
(800) 657-3663 (T/V) [mncdhh.org](http://mncdhh.org)

**Minnesota Legal Services**  
(507) 387-5588 [MNLegalServices.org](http://MNLegalServices.org)

**Minnesota State Services for the Blind**  
(800) 657-3821 or (507) 344-2603  
(651) 642-0506 (TDD/TTY) [mnssb.org](http://mnssb.org)

**Office of Ombudsman for Long-Term Care**  
(651) 431-2555 [mnaging.org](http://mnaging.org)

**Senior LinkAge Line®**  
(800) 333-2433 [MinnesotaHelp.info](http://MinnesotaHelp.info)



Mankato and North Mankato are one of 48 ACT on Alzheimer's communities in Minnesota. We are committed to creating a dementia friendly community that is informed, safe, respectful and supports people impacted by Alzheimer's or other-related dementias.

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## ASSISTED LIVING FACILITIES

**Brookdale Mankato**  
(507) 386-1779 [brookdale.com](http://brookdale.com)

**Ecumen Pathstone Crossing**  
(507) 345-4576 [ecumenpathstoneliving.org](http://ecumenpathstoneliving.org)

**Laurels Edge**  
(507) 387-2133 [monarchmn.com](http://monarchmn.com)

**New Perspective Senior Living**  
(507) 385-7080 [npseniorliving.com](http://npseniorliving.com)

**Oak Terrace Assisted Living**  
(507) 387-2037 [oakterraceliving.com](http://oakterraceliving.com)

**Old Main Village**  
(507) 388-4200 [oldmainvillage.com](http://oldmainvillage.com)

**Primrose of Mankato**  
(507) 388-9292 [primrosetirement.com](http://primrosetirement.com)

**The Lutheran Home: Cedar Haven**  
(507) 519-3000 [tlha.org](http://tlha.org)

**Vista Prairie at Monarch Meadows**  
(507) 344-0059 [vistaprairie.org](http://vistaprairie.org)

**Water's Edge**  
(507) 388-5582  
[meridiansenior.com/community/waters-edge](http://meridiansenior.com/community/waters-edge)

## SENIOR MOVE SPECIALISTS

**Complete Relocation Services**  
(507) 920-8935 [completerelocationllc.com](http://completerelocationllc.com)

## FAMILY CAREGIVER GUIDE & COACH

**Goodwin Consulting**  
(507) 317-0431

**VINE Adult Community Center**  
(507) 386-5577 [vinevolunteers.com](http://vinevolunteers.com)



- 1 Memory changes that disrupt daily life
- 2 Challenges in planning or solving problems
- 3 Difficulty completing familiar tasks
- 4 Confusion with time or place
- 5 Trouble understanding visual images and spatial relationships
- 6 New problems with words in speaking or writing
- 7 Misplacing things and losing the ability to retrace steps
- 8 Decreased or poor judgment
- 9 Withdrawal from work or social activities
- 10 Changes in mood and personality

[alz.org/10signs](http://alz.org/10signs)  
800.272.3900



**Mankato & North Mankato**

# Alzheimer's & Dementia

## RESOURCE GUIDE



*If you or a loved one are concerned about memory loss, talk with your doctor.*

## ADULT DAY CENTER PROVIDERS

### Autumn Grace

(507) 388-0640  
meridiansenior.com/community/autumn-grace

### Pathstone Day Living Adult Day Service

(507) 345-6506 ecumenpathstoneliving.org

### VINE Adult Community Center

(507) 387-1666 vinevolunteers.com

## SUPPORT GROUPS

### Autumn Grace

(507) 388-0640  
meridiansenior.com/community/autumn-grace

### Crossview Covenant Church

(507) 387-5606 crossviewcovenant.org

### First Presbyterian Church

(507) 387-2160 fpcmankato.org

### Hosanna Lutheran Church

(507) 388-1766 hosannamankato.com

### New Perspective Senior Living

(507) 385-7080 npseniorliving.com

### VINE Adult Community Center

(507) 387-1666 vinevolunteers.com

## MEAL SERVICES

### Lutheran Social Service Senior Nutrition Meals on Wheels / Senior Dining Sites

(507) 625-8970 lssmn.org/nutrition

### Mom's Meals

(866) 971-6667 momsmeals.com

### VINE Adult Community Center

(507) 387-1666 vinevolunteers.com

## MUSIC THERAPY

### Avenues Music Therapy, LLC

(507) 382-1350 avenuesmusictherapy.com

## HOME-BASED SERVICES

### Aging Services for Communities

(507) 364-5663 aging-services.org

### Alliance Health Care

(507) 386-1953 alliancehealthcare.com

### Baywood Home Care

(507) 388-5589 baywoodhomecare.com

### Ecumen Home Care - Pathstone

(507) 385-4210 ecumenpathstoneliving.org

### Freedom Home Care

(507) 387-4663 freedomhomecarellc.com

### Home Health Care & Legacy Home Care

(763) 417-8888 hhcare.net

### Home Instead Senior Care

(507) 550-1395 homeinstead.com

### Interim Healthcare

(507) 720-5951 interimhealthcare.com

### International Quality Homecare

(877) 461-4742 internationalquality.com

### Lutheran Social Service Senior Companion Program

(507) 530-2295 mnseniorcorps.org

### Nicollet County Home Care

(507) 934-7220 co.nicollet.mn.us

### Prairie River Home Care Inc.

(507) 345-8591 prhomecare.com

### Southern Minnesota Home Care

(507) 388-2252 southernminnhomecare.com

### Visiting Angels

(507) 388-6610 visitingangels.com

### Wild Rose Home Health Services

(507) 625-8938

## LONG-TERM CARE CONSULTATION SERVICES

### Blue Earth County

(507) 304-4222 blueearthcountymn.gov

### Nicollet County

(507) 934-7827 co.nicollet.mn.us

## MEMORY CARE FACILITIES

### Autumn Grace Memory Care

(507) 388-0640  
meridiansenior.com/community/autumn-grace

### Cottagewood Senior Communities

(507) 345-8787  
cottagewoodseniorcommunities.com

### Ecumen Pathstone Crossing

(507) 345-4576 ecumenpathstoneliving.org

### Laurel Street Memory Care

(507) 387-2133 monarchmn.com

### New Perspective Senior Living

(507) 385-7080 npseniorliving.com

### Oak Terrace "Autumn Lane"

(507) 387-2037 oakterraceliving.com

### Water's Edge

(507) 388-5582  
meridiansenior.com/community/waters-edge

## NURSING HOMES

### Hillcrest Rehabilitation Center

(507) 387-3491 monarchmn.com

### Laurels Peak Rehabilitation Center

(507) 345-4631 monarchmn.com

### Oaklawn Rehabilitation Center

(507) 388-2913 monarchmn.com

### Ecumen Care Center

(507) 345-4576 ecumenpathstoneliving.org

## MEDICAL EQUIPMENT

### Alliance Health Care

(507) 386-1953 alliancehealthcare.com

### Allina Home Oxygen & Medical Equipment

(507) 345-8593 allinahealth.org

### Handi Medical Supply

(507) 779-7560 handimedical.com

### Mayo Clinic Store

(507) 385-2689 mayoclinichealthsystem.org

### The ECUMEN Store

(507) 385-8582 ecumenpathstoneliving.org

### VINE Adult Community Center

(507) 387-1666 vinevolunteers.com

## TRANSPORTATION

### Aging Services for Communities

(507) 364-5663 aging-services.org

### AMV Med Van Transportation

(507) 625-6741 amvan.com

### Freedom Home Care

(507) 387-4663 freedomhomecarellc.com

### Kato Cab

(507) 388-7433 katocab.net

### Mankato City Bus

(507) 625-7433 mankatomn.gov

### Nicollet County Transportation Services

(507) 934-7227 co.nicollet.mn.us

### VINE Adult Community Center

(507) 387-1666 vinevolunteers.com

### Yellow Cab

(507) 344-8294 yellowcabmn.net