

# Mankato & North Mankato

# Now offering TimeSlips<sup>®</sup> Storytelling Sessions

### **Create a Story and Spark Meaningful Moments**



Storytelling is a gift enjoyed by people in all stages of life! TimeSlips storytelling sessions provide an opportunity for participants to imagine, create, and tell new stories, and are specially designed to be an experience that people living with Alzheimer's disease and related dementias can share with a family member or friend.



### Fridays - 1:30-2:30pm

May 3 - June 7 - August 2 - September 13 - October 11 - November 8 Shared Spaces at Emy Frentz, 523 S. Second Street, Mankato

## Saturdays - 10:30-11:30am

April 13 - May 18 - June 22 - August 17 - September 28 - October 26 - November 23 Carnegie Art Center, 120 S. Broad Street, Mankato

No Cost. Registration required. Email katoactonalz@gmail.com. Space is limited.

Together with your loved one and others in the session, you will create a beautiful story.

#### **About TimeSlips**

TimeSlips is an evidence-based and award-winning approach that brings joy to people impacted by Alzheimer's disease or related dementias by infusing creativity and meaning-making into the community. TimeSlips supports a global movement to bring meaning to late life through creative engagement.

#### About Mankato & North Mankato ACT on Alzheimer's

ACT on Alzheimer's is a Minnesota initiative designed to prepare communities to support individuals living with Alzheimer's disease and related dementias and their care partners. Mankato and North Mankato became an ACT on Alzheimer's community in 2014 and is led by a group of volunteers that make up an Action Team. We are committed to creating a dementia-friendly community that is respectful, safe, informed and engaging.



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Visit katoactonalz.org

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We invite you to connect - through creativity.